

## SAKYA TSECHEN LING - Outlook - Month of **February 2020**

Date	Tib. cal. date Schedule	Intervener (if applicable) & Object
Sat. 1 <sup>st</sup> Feb.	14 h  16 h	Bernard A. Study theme: <b>Preliminary reflections and practices according to an excerpt from a prayer at Vajrayogini</b> Over two weeks: 18 <sup>th</sup> Jan. And 1 <sup>st</sup> Feb. Meditation on Chenrezig, Buddha of Compassion.
2-Feb.	12-8	Green Tara
4-Feb.	12-10	Guru Rinpoche – Padmasambhava
Sat. 8 <sup>th</sup> Feb.	14 h  16 h	Marie-Madeleine Schm. Study Theme: <b>The Shamatha Path</b> Over two weeks: 8 <sup>th</sup> and 29 <sup>th</sup> Feb. Meditation on Chenrezig, Buddha of Compassion.
9-Feb.	12-15	Full moon
SESSION 14-16 Feb.	At the time of the sessions	Khenpo Tashi Sangpo Lag <b>The 37 Practices of the Bodhisattvas, Part 2</b> The mind training text “The 37 Practices of the Bodhisattvas” was written in Tibet in the 14 <sup>th</sup> century by the master Sakya Togme Zangpo, renowned as an authentic Bodhisattva. His text, studied by all the various Tibetan traditions, is a great classic of Tibetan literature, which has inspired many practitioners on the Mahayana path for centuries. It offers many concrete indications for integrating every life experience into the spiritual path.
18-Feb.	12-25	<i>Dakini Day</i>
Sat. 22 <sup>nd</sup> Feb.	12-29  16 h  18 h	<b>GUTOR &amp; Mahakala Day</b> Ritual of Mahakala and Gutor, whose aim is to eliminate the negativity accumulated over the past year and to build protection for the coming Tibetan year. Tibetan soup with 9 ingredients and “messages”. <b>Only on registration.</b>
23-Feb.	12-30	New moon - Sojong
24-Feb.	<u>1-1-2147</u>  18 h 30	<b>Losar - Tibetan New Year 2147 of the Iron Mouse</b> Ritual of the Sixteen <i>Arhat</i>
26-Feb.	<u>1-3</u>	Par. Dagshul Thinley Rinchen (Tib.) (Grandfather of H.H. Kyabgön Gongma Sakya Trichen Rinpoche)
Sat. 29 <sup>th</sup> Feb.	14 h  16 h	Marie-Madeleine Schm. Study Theme: <b>The Shamatha Path</b> Over two weeks: 8 <sup>th</sup> and 29 <sup>th</sup> Feb. Meditation on Chenrezig, Buddha of Compassion.