





# His Holiness Kyabgon Gongma Sakya Trichen Rinpoche Medicine Buddha – Padmasambhava – Vajrakilaya



6 th - 9 th August 2020

His Holiness Kyabgon Gongma Sakya Trichen Rinpoche served as the 41<sup>st</sup> head of the Sakya order of Tibetan Buddhism for over fifty years. He is a member of Tibet's noble Khön family, which founded the Sakya order in the eleventh and twelfth centuries, and he is the manifestation of all the Buddha's transcendent wisdom. His Holiness the Sakya Trichen is renowned throughout the world for the brilliance and clarity of his teachings. Receiving teachings directly from His Holiness carries a special lineage of blessings from the founders of the Sakya order, as well as from Manjushri himself.



## Medicine Buddha

Sickness is a common suffering of all living beings. However, according to Tibetan medicine, most illnesses are psychosomatic and, according to Buddhism, many types of mental and physical illnesses are actually generated largely by one's unwholesome attitude, and cannot be cured by conventional medicine alone; on the other hand, there's a connection between wholesome thoughts, and ones health and happiness. The Buddha taught a form of meditation for people suffering from diseases by using a practice of a sacred mantra and meditation based on the Medicine Buddha. This profound meditation technique will compliment any form of medical treatment,

and can reduce the side effects and increase the effectiveness of any medication.



### Padmasambhava

In Tibetan, Guru Padmasambhava is generally referred to as Guru Rinpoche, which means "precious master". Guru Rinpoche incarnated as a fully enlightened being and through his form primordial wisdom manifests in the world to benefit all sentient beings. "Of all the Buddhas, you are their very face and their embodiment, Precious Guru of Oddiyana, From the depths of my heart, the core of my being, I pray to you: Outer, inner and secret obstacles - dispel them into space, And through your blessings, let all my aims and wishes be spontaneously fulfilled."



Vajrakilaya embodies the enlightened activity of all the Buddhas that subjugate delusion and negativity, in order to clear obstacles to spiritual practice. The essential purpose of the Vajrakilaya practice is to discover the absolute vajra nature that will transform every duality hindrance into clear wisdom and compassion. The Sakya Order has innumerable exoteric and esoteric teachings, and among them the Vajrakilaya teaching cycle is the teaching with the longest history. This lineage has been unbroken since the time of Padmasambhava and Khön Nagendra Raksita, right up until the present. Also, through the centuries, the unbroken series of Vajrakilaya lineage holders have all had very high realisation, and as a result almost every single one of them performed great miracles. Many lamas and masters from different traditions greatly praise the Vajrakilaya cycle.

Event location: La Source Hall (formerly known as "Salle Polyvalente")

Rue des Prés,

67520, KUTTOLSHEIM

Everyone is asked, unless invited, not to go to the Rond-point du Vignoble, the headquarters of the Institute and the residence of His Holiness and the monks who accompany him, during his visit. Thank you for your understanding.

Program:

6 August
9 am Medicine Buddha Initiation
2.30 pm Teachings by a Sakya Khenpo (Lama)
9 am Padmasambhava-Guru Rinpoche Initiation
2.30 pm Teachings by a Sakya Khenpo (Lama)
8-9 August
2.30 pm Vajrakilaya Empowerment (2 days)

NB. This schedule may be subject to change.

Registration: Online on our website www.sakyatsechenling.eu from 1st February 2020. Important: Registrations will be closed as soon as capacity is reached.

#### Contribution:

The financial contribution, which does not include accommodation and meals, covers the travel and subsistence expenses of His Holiness and the monks accompanying Him, and the other costs incurred by this seminar. This part is free of cost for monks and nuns. The teachings are free of charge.

The contribution for the sessions 6th - 9th August 2020 with full or (for students) reduced rates are as follows:

#### **Full Seminar**

· General Participant: 280 €

· Student (with student card): 190 €

Full seminar, registration and payment by June 30

· General Participant: 230 €

· Student (with student card): 150 €

Only partial attendance: 6 th or 7 th or (6 th & 7 th ) or (8 th & 9 th ) August 2020

General Participant: 140 €

· Student (with student card): 100 €

Only partial attendance, registration and payment before June 30

· General Participant: 120 €

· Student (with student card): 80 €

Monk or nun: 0 €

## Also:

If wished, rental of headphones

(for French, German, Italian or Spanish translation)

20 €

For insurance reasons, participants (including monks & nuns) at this event must be members of our association

15 € (If you are not yet a 2020 member)

### Translations:

Teachings are given in English. Simultaneous translations (from English) into French, German, Italian and Spanish will be available on the headphones.

## Payment:

Payment is possible in 3 ways:

- · During a monthly session at the Institute.
- · By cheque sent by post if you live in France.
- $\cdot$  By bank transfer or international cheque in this case please add the bank charges, which are at your expense. The fees must be paid in Euro.

#### Bank details:

Account holder: SAKYA TSECHEN LING

IBAN (International Bank Account Number): FR76 1470 7500 0101 1933 4558 444

BIC (Bank Identification Code): CCBPFRPPMTZ

B.P. Alsace Lorraine Champagne, Agence Francs-Bourgeois, 67000 Strasbourg, France.

## Welcome & Registration:

This will take place at the teaching hall «La Source» (formerly known as "Salle Polyvalente"), Rue des Prés, 67520 Kuttolsheim, on:

Wednesday 5 th August from 3-6 pm, or Saturday 8 th August from 10-12 am.

#### Meals:

Vegetarian meals will be served, at the hall, for those who wish to have lunch and dinner. Your help (preparation, washing dishes, etc.) will be appreciated. Meals must be booked and paid for in advance. No refunds permitted. Lunch (10€) is prepared from 6–9 August (inclusive), and dinner (8€) from 5-9 August (inclusive).

#### Cars:

Please park your car either in the "La Source" hall car park, in the nearby church car park (not on Sunday) or in the new Institute car park (5 min. walk, via the new village road).

### Childcare:

You must provide for the care of your children, as this cannot be provided by the Institute. We thank you for your understanding.

## Volunteer group:

The organisation of such an event depends to a large extent on a group of passionate volunteers. We would be very grateful if you joined us and helped us with the preparations of the teaching hall, every-day help during the event, to tidy the hall at the end of each day, and the final clean-up of the hall on the end of the seminar. You can sign up for this during registration.

## Transport:

Bus (CTBR): Line 205 Strasbourg – Willgottheim (Bus stop: Kuttolsheim-Centre) Fare: 2.50€ Bus schedule can be downloaded from: www.ctbr67.fr (email: ctbr@ctbr67.fr)

Tel. +33 (0)388 234 323

Taxi Kuttolsheim: Tel. +33 (0) 6 83 24 83 26 Taxi13 Strasbourg: Tel. +33 (0) 3 88 36 13 13

#### Accommodation:

Accommodation is not available at the Institute. Accommodation information is provided below: For hotel accommodation, please refer to the list of hotels below.

For accommodation in a gîte (Bed & Breakfast/self-catering), visit: www.gites-de-france.com (in particular in Kuttolsheim or Fessenheim-le-Bas).

More generally, consult the Tourist Office, 17 place de la Cathédrale, BP. 70020, 67082 STRASBOURG CEDEX.

Tel +33 (0) 3 88 52 28 28 · E-mail: info@otstrasbourg.fr · www.otstrasbourg.fr

### List of hôtels:

La Tourelle de Mithra 9, rue de l'Église 67370 ITTLENHEIM Tél. Fax +33 (0) 3 88 69 92 40 www.tourelledemithra.fr

La Ferme de Marie-Hélène 11 rue de l'Église 67370 ITTLENHEIM +33 (0) 3 88 04 29 29 www.fermehelene.com

Le Foyer de ND de Reinacker 67440 REUTENBOURG +33 (0) 3 88 71 42 44 E-mail: srs.reinacker@wanadoo.fr

Au SAUMON 69, rue du G al de Gaulle, 67310 WASSELONNE +33 (0) 3 88 87 01 83 Hostellerie de l'ETOILE 1, Place du G al Leclerc, 67310 WASSELONNE +33 (0) 3 88 87 03 02 www.hostellerie-etoile.com

Hostellerie REEB 2, rue Albert Schweitzer, 67520 MARLENHEIM +33 (0) 3 88 87 52 70 www.hostellerie-reeb.fr

Relais ROUTE DU VIN 1, place du Kaufhaus, 67520 MARLENHEIM +33 (0) 3 88 87 50 05 WANGENMÜHLE 5, route de Molsheim, 67520 WANGEN +33 (0) 3 88 87 50 11 www.lawangenmuhle.free.fr

Hôtel LE CERF 30, rue du G al de Gaulle, 67520 MARLENHEIM +33 (0) 3 88 87 73 73 www.lecerf.com

