

SAKYA TSECHEN LING - Outlook - September 2020

Date	Tib. calendar date Schedule	Teacher (if applicable) & Topic
1 st Sept.	7-14	<i>Parinirvana</i> of Ngajang Künga Rinchen (Tib.)
2 nd Sept.	7-15	<i>Parinirvana</i> of Tsharchen Losal Gyatsho (Tib.) - Full moon
Sat., 5 th Sept.	2 pm	Bernard A. Study topic: The Heart Sutra , then: Chenrezig Meditation, the Buddha of Compassion. 5-week course
7th Sept.	7-20	Birthday of His Holiness Kyabgön Gongma Sakya Trichen Rinpoche (Western)
Sat., 12 th Sept.	7-25 2pm - 5pm	<i>Dakini</i> Day "Open House" afternoon at the Institute
SESSION 11 th -13 th Sept.	At the time of the sessions (except Saturday afternoon)	Khenpo Tashi Sangpo La Medicine Buddha initiation & teachings, explanation of the Medicine Buddha Ritual All living beings get sick sometimes, however, according to Tibetan medicine, most sicknesses are psychosomatic and, according to Buddhism, many types of mental and physical sicknesses are the result of one's negative actions and, therefore cannot be cured by ordinary medicine alone. Our thoughts, health and happiness are very closely interrelated. The Buddha gave teachings on the medicine Buddha to help people heal through meditative practices of the secret mantra. This profound meditation method can complement any form of medical treatment, reduce side effects and increase the potency of any medication.
16 th Sept.	7-29	Mahakala Day
17 th Sept.	7-30	New moon - <i>Sojong</i>
18 th Sept.	8-1	Birthday of His Holiness Kyabgön Gongma Sakya Trichen Rinpoche (Tib.)
Sat., 19 th Sept.	2 pm	Bernard A. Study topic: The Heart Sutra , then: Chenrezig Meditation, the Buddha of Compassion. 5-week course
24 th Sept.	8-8	Green Tara - <i>Naga</i> Day
26 th Sept.	8-10	Guru Rinpoche - Padmasambhava
Sat., 26 th Sept.	2pm - 4pm	Discovery of Buddhism in Alsace talk organized by the UBF in cooperation with the "Sagesses Bouddhistes" magazine: Francis C. Topic of the talk: The Four Noble Truths