# BASIC RETREAT ON WHITE TARA 25 AUGUST - 23 SEPTEMBER 2024

#### ON SITE at SAKYA TSECHEN LING F-67520 KUTTOLSHEIM

### Guided by Khenpo Tashi Sangpo Lag

Dear Dharma friends,



Following the conferral of the uncommon White Tara initiation by His Holiness the 42<sup>nd</sup> Sakya Trizin Rinpoche and the receipt of profound blessings, the Sakya Tsechen Ling Institute is pleased to organise this White Tara basic retreat. No partial participation possible.

This White Tara retreat is dedicated to the longevity of His Holiness Kyabgön Gongma Sakya Trichen Rinpoche on the occasion of His 80<sup>th</sup> birthday.

### **PARTICIPATION PREREQUISITES:**

Already having received the initiation of White Tara from Their Holinesses or from a qualified master.

#### **PROGRAM OF THE RETREAT:**

## Sunday 25 August 2024

14.00 - 17.00 Welcome, preparation of rooms

17.00 - 18.00 Putting boundaries

19.00 - 20.00 Dinner

20.00 - 21.30 First meditation session on White Tara

# Monday 26 August - Friday 20 September 2024

06.00 - 08.00 Meditation on White Tara

10.00 - 12.00 Meditation on White Tara

14.00 - 16.00 Meditation on White Tara

17.00 - 19.00 Meditation on White Tara

# Saturday 21 September 2024

06.00 - 08.00 Meditation on White Tara

10.00 - 11.00 Meditation on White Tara,

11.00 - 12.00 ritual for opening the boundaries

14.00 - 17.00 preparation of the final puja & cleaning

# Sunday 22 September 2024

06.00 - 08.00 Meditation on White Tara

10.00 - 13.30 final puja

# Monday 23 September 2024 - WITH STREAMING THROUGH ZOOM

07.00 - 08.00 Green Tara ritual

10.00 - 12.00 White Tara ritual & long-life ritual for His Holiness Kyabgön Gongma Trichen Rinpoche END OF THE RETREAT

## **CONTRIBUTION:**

Min. € 280.- for **on-site retreat** (not including food and accommodation).

For on-site retreat, and after pre-registering specifying your wishes for accommodation and meals, you will receive a specific e-mail indicating your contribution to the costs.

You can make your payment in one of the ways described at <a href="https://sakyatsechenling.eu/en/online-payment/">https://sakyatsechenling.eu/en/online-payment/</a>.

We thank you much in advance.

# **REGISTRATION & PARTICIPATION LINK:**

In order to participate, we invite you to register by clicking <u>HERE FOR ON-SITE RETREAT</u> until 1<sup>st</sup> August 2024 at the latest.

Those who wish to participate are invited to register early as the number of places is limited.

Together with the receipt/confirmation of your registration you will receive further information.

Yours sincerely,

The office of Sakya Tsechen Ling.