

**WINTER-RETREAT 26 DECEMBER 2025 - 1 JANUARY 2026**

**ON SITATAPATRA**

**ON SITE at SAKYA TSECHEN LING F-67520 KUTTOLSHEIM**

**& ONLINE THROUGH ZOOM**

**Guided by Khenpo Tashi Sangpo Lag**

Dear Dharma friends,

The 2025 winter retreat, dedicated to Sitatapatra is open on-site and online.

During this retreat we focus on the practice of Sitatapatra. In the beginning of the daily fourth session there will be teachings on the sadhana and the quality of Sitatapatra.

**PARTICIPATION PREREQUISITES FOR TEACHINGS & MEDITATION SESSIONS:**

Those who

- have already received the initiation of Sitatapatra from a qualified master

- OR will participate in the initiation of Sitatapatra conferred by Khenpo Tashi Sangpo Lag at the beginning of the retreat on 26.12. at 16.00 o’clock to the participants in the temple (without streaming)

**TRANSLATIONS:**

Theteachings will be given in English and translated into French.

Translations in another language – Italian, German, and Dutch– will be arranged if we receive a min. number of requests per language by **10 December 2025.**

**PROGRAM OF THE RETREAT:**

**Friday 26 December 2025**

16.00 – 18.00 Initiation to Sitatapatra (no streaming, only for participants in the temple)

18.30 - 19.30 Welcome & first meditation session on Sitatapatra.

**Saturday 27 December - Wednesday 31 December 2025**

07.00 - 08.00 Meditation on Sitatapatra

10.00 – 11.30 Meditation on Sitatapatra

14.00 – 15.30 Meditation on Sitatapatra

17.00 – 18.00 Teaching on the sadhana and quality of Sitatapatra

18.00 - 19.00 Meditation on Sitatapatra & Mahakala ritual.

**Thursday 1 January 2026**

07.00 - 08.00 Meditation on Sitatapatra & Long-life prayers for Their Holinesses

End of the retreat.

10.00 – 11.00 Tara Ritual (optional)

**CONTRIBUTION:**

Min. € 70.- for **online or on-site retreat** (not including food and accommodation).

For on-site retreat, and after pre-registering specifying your wishes for accommodation and meals, you will receive a specific e-mail indicating your contribution to the costs.

You can make your payment in one of the ways described at <https://sakyatsechenling.eu/en/online-payment/> .

We thank you much in advance.

**REGISTRATION & PARTICIPATION LINK:**

In order to participate, we invite you to register by clicking [HERE FOR ONLINE RETREAT](https://docs.google.com/forms/d/e/1FAIpQLSfvlPqMaV1Wv3VvR8Cfz9j-3SyUqBncP7sZu63Oy2IKoL-nSg/viewform?usp=header) or [HERE FOR ON-SITE RETREAT](https://docs.google.com/forms/d/e/1FAIpQLSfdeHHGsNstVOYIguhQ_3InWm4YqAzY5kAG5C6fjeLzYeoSHw/viewform?usp=header) **until 10 December 2025 at the latest**.

Those who wish to participate on-site are invited to register early as the number of places is limited.

Together with the receipt/confirmation of your registration you will receive further information and for online retreat the participation link.

Yours sincerely,

The office of Sakya Tsechen Ling.